

Magic of Pitual

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Why do ritual?

YOU'VE JUST LOST A BELOVED PET, AND YOUR HEART IS BREAKING. From deep within you arises an urge to do something. Perhaps you place her picture in a beautiful frame next to a vase of fresh flowers and shed some tears as you bid her farewell. Taking this action gives you a sense of connection to something greater, and helps you initiate the difficult process of release.

Ritual is innate in human beings. Our ancestors marked a passing or initiated a new beginning—or simply blessed their food before eating—to honor their connection to nature. When ancient people coaxed the Sun to rise each morn-

ing or called down the Full Moon's power, they were maintaining a tradition dating back to the dawn of time. They sensed that their heartfelt words and deeds contributed to the well-being of the world—and to themselves.

In this modern age, we've become disconnected from the mystical link to creation that was so basic to the ancients. We believe, as science tells us, that we are separate from the world. But if you've ever



welcomed the rising Sun or bathed in the Full Moon's glow, you know differently. You sense your subtle connection to Creation. This is what prayer and magic do: They connect us to the deeper soul of the world, and awaken our power as co-creators with it. Ritual focuses thought and emotion in a laser-like way to harness the creative power of intention. And, by using scents, music, crystals and candles, we engage our sensory nature and subconscious mind—which is like a playful child. Once you're captured its interest, it will go to work to manifest your intentions (unless you have strong beliefs that might interfere with having whatever you desire).



By doing ritual, we connect with powers greater than ourselves. Some call these forces otherworldly—angels, guides, God or Goddess—but they can also be seen as your own Higher Self, animal totems or Mother Earth. The key to ritual is finding what resonates with you, and gathering representations of that. If you feel pulled toward the eagle, for example, surround yourself with pictures and statues of that creature to tap into its fierce but detached medicine. If

acorns attract you, gather some in a bowl and showcase them on your dining room table where you can admire their beauty.

Tuning in to the elements

EACH PERSON IS UNIQUE, and you may prefer a different type of ritual than someone else does. Often we crave an element that we lack in our natal charts; I know several avid surfers who have no water planets in their charts. I have no planets in earth signs, and I long to live in an earthen home. Or, perhaps you resonate most strongly with the element of your Sun sign (Fire: Aries, Leo, Sagittarius; Earth: Taurus, Virgo, Capricorn; Air: Gemini, Libra, Aquarius; Water: Cancer, Scorpio, Pisces). Here are some simple ways to tune into whichever elements attract you most:

- If *fire* turns you on, get a fire pit and do ceremonies to burn, release and rejuvenate.
- If it's *earth* that you crave, plant a garden or bring lots of living plants into your house.
- If air speaks to you, hang a bird feeder to attract hummingbirds, or put up wind chimes.
- If water calls you, invest in a hot tub or a pleasantly gurgling fountain.



Key components for effective rituals

A ritual can be simple or complex, but they all tend to have certain things in common:

SETTING SACRED SPACE: Make sure you're in a place you won't be disturbed, and turn off your phone. Burn some sage or light incense. You can play soft music if it helps you relax; otherwise, just sink into the stillness. Sit in a chair or on the floor, and begin to breathe deeply to ground yourself. Imagine there's a cord extending from your pelvic floor all the way to the center of the earth. As you breathe in, bring the Mother's healing energy into your body. As you breathe out, release any tension or distracting thoughts. Call on your guides, favorite deities or ancestors to be with you, and

thank them for their help.

ILLUMINATE AND BLESS: Lighting candles is a primary element of ritual, as the flame symbolizes your inner light. This simple act sets sacred space—and creates your own private temple. And, gazing at the lit candle will help you focus your mind and intentions. Different colors symbolize different energies, so you might choose a red candle for action and energy, green or purple for abundance, yellow for health, white for purity and spiritual awareness, and pink for love.

CALLING THE DIRECTIONS: Many spiritual traditions cast a circle after grounding and centering, to protect and enclose



the ritual participants. The directions are invoked—East, South, West and North, usually in that order. The meanings of and imagery associated with each direction vary; the Native American tradition calls upon Mother Earth and Father Sky, and tobacco and corn meal are used as offerings. In the Celtic, or Wiccan, tradition, we associate the directions with different animals and spirits than the Native tradition does. Yet both achieve the same result of uniting heaven and earth within our hearts. Because my ancestors were Scottish, I resonate with the Celtic style. Practice whatever tradition feels most comfortable, or just do your own thing. The following method is in the Celtic style. Feel free to make it your own. Do it alone, or in a group. Stand facing each direction as you speak, and hold your hands out to receive its blessings.

Spirits of the East, the rising Sun and the winds that blow. Hummingbird energy, the color yellow. Cleanse our minds to receive inspiration. Hail and welcome, Spirits of the East!

Spirits of the South, of passion, fire and creative inspiration. Feline power, the color red. Thank you for your fierceness and childlike enthusiasm. Hail and welcome, Spirits of the South!

Spirits of the West, of cleansing, healing waters. Dolphin energy, the color green. Bless us with the power of the womb and ability to give birth. Hail and welcome, Spirits of the West!

Spirits of the North, place of quiet, stillness, and earth. Owl energy, the color brown. Bless us with patience, wisdom and fortitude. Hail and welcome, Spirits of the North!

Spirits of Above and Below, thank you for joining us. May the God and Goddess unite in our hearts, and work through us to bless this ritual. Hail and welcome, Above and Below!

Once your ritual is done, thank and release the directions in reverse order.

AFFIRM AND VISUALIZE: When you declare what you want the ritual to achieve, it's important to be precise and positive: "Thank you for bringing me the perfect health practitioner to help me heal my back." Or, "Thank you for my healthy, happy back." (Instead of: "Please help me get out of pain.") The more specific you are, the likelier you are to

get results. Whether you've written down your affirmation beforehand or prefer to come up with it in the moment, be sure to speak it out loud. Then, close your eyes and imagine that the change you're asking for has already happened. For the ritual to work, you must feel that your wish has been granted. Visualize what things will look and feel like once your intended outcome comes to pass.

GET REAL. There's no point in performing an elaborate wealth ritual in which you invoke for a million dollars, if you don't believe you can attract it—or that you deserve it. You might not even be able to manage it once you got it! True abundance is something to *be*. Yet in a wealth ritual, having a realistic monetary goal to focus on is very important. Instead of just stating that you want more abundance, say something like, "I am thankful that I'm now earning \$10,000 per month." Wealth starts as a feeling of gratitude for all you possess. Gratitude for the abundance around you—the rain falling from the heavens, the love of your



children, your heart that's been beating all these years, keeping you alive. Once you start relaxing into a feeling of abundance, riches of all kinds will naturally gravitate to you. And, don't forget that sometimes you have to spend money to make money! Buy that stunning power suit for your next job interview. Or, hire the best web designer or marketer you can afford to take your business to the next level.



CREATE A PERSONAL ALTAR. It's very centering to begin each morning at your altar, honoring the deities, totem animals and your own Higher Self that guide you every day. This is how you create a relationship with the Divine. Choose a private spot, perhaps a table or dresser top, and add items and pictures that represent the spiritual guides closest to your heart. Your altar should have candles, incense, crystals or anything else that feels sacred to you. Because you honor them on a daily basis, your guides will help you when it's time to invoke for something special, say a new relationship. But you have to let the process take its time. Let's say you've been affirming for a mate since last year. Yet your 'other

half' has still not arrived. Be patient: Maybe a lucky Jupiter transit has to trigger a relationship point in your chart. Perhaps you need to focus on another area of life, like health or career, before you're ready for love. Give it over to Spirit and trust in perfect timing.

DO RITUAL IN SACRED PLACES. Some of my most effective—and memorable—rituals have been performed at power spots like Sedona, where I used to live. When doing ritual on sacred ground, you're utilizing the power of Mother Earth as well as the ancestral spirits of the land. Once I hiked to a remote spot in Boynton Canyon and sat on the earth, pouring out my dilemma to the Mother. After a few moments I heard a voice, giving me a clear answer. Another time,

on a hike at a Malibu canyon with a friend, lightning struck nearby as we buried symbols of our past and invoked for a new beginning. That's Mother Nature speaking! Of course, she can speak to you in your garden, too — especially if you put your bare feet on the earth while invoking her.

book, *Outrageous Openness: Letting the Divine Take the Lead*, she offers small prayers and affirmations you can say throughout the day, to align yourself with divine will and feel more connected to your inner guidance. Though New Moons and Full Moons are powerful days for ritual, if your intention is strong any day can work. On especially difficult days, frequent



mini-rituals are useful for enhancing the flow and keeping your spirits up, as well as training you to turn over even the smallest details to Spirit.

STAY FLEXIBLE. You may have a ritual all planned out, but when the power moment comes, you're just not feeling it. Or, circumstances might intervene to delay or change what you'd intended. A psychotherapist friend was all set to do her New Moon ritual, when a grief-stricken client appeared at her door. My friend ended up channeling the New Moon's power to this man.

In the next section, I'll be giving you some of my favorite New Moon rituals. When the Sun and Moon join in the heavens, it's time for new beginnings. But each has a different purpose:

Aries New Moon: Start a new job or project, or a new exercise or diet regimen.

Taurus New Moon: Make a fresh start with money and earthy, practical endeavors.

Gemini New Moon: Embark on new communication ventures such as blogs or marketing

Cancer New Moon: Renovate, refurbish or clean your home; begin new family ventures

Leo New Moon: Get creative, play more, start a new artistic project or romance

Virgo New Moon: Clean your office, buy new equipment, get organized and healthy

Libra New Moon: Start new partnerships, have a getaway with your beloved

Scorpio New Moon: Manage your money, get to the heart of problems, do research

Sagittarius New Moon: Expand your reach, start blogging, take a trip, speak your truth

Capricorn New Moon: Launch a business, build a structure, get all your ducks in a row

Aquarius New Moon: Be a visionary, join in team efforts, get together with friends

Pisces New Moon: Take time to dream and rejuvenate, begin creative projects

New Moon Rituals

Doing rituals at the New Moon, or seed point for the month, is especially powerful. The Moon is waxing toward full, a two-week period of increase in which things can come to fruition. To find out what day each New Moon falls this year, consult an astrological calendar or visit https://www.calendar-12.com/moon_phases/2017.

Because I was born near a New Moon, I've always been partial to that dark, quiet time of month. While other folks get off on beating drums at the Full Moon, I prefer to turn inward and do ritual two weeks later, when the Sun and Moon meet for their hidden, monthly tryst.

At each New Moon, we plant seeds for what we want to grow in the next 30 days. This can be literal, in terms of planting a garden, or pertain to initiating new activities, important calls or meetings. Ritual helps ground our intentions. We engage with forces greater than ourselves, harnessing the powers of fire, earth, air and water to bring magic to our lives and create what we desire.

Incorporate the element of the New Moon

IF YOU'RE DOING A RITUAL UNDER A FIERY NEW MOON (Aries, Leo or Sagittarius), you may wish to do a fire ceremony at the beach or in a backyard brazier to burn the past and start anew. If it's an airy New Moon (Gemini, Libra or Aquarius), write down your intentions and speak them aloud, and do your ritual in the fresh air. For a watery New Moon (Cancer, Scorpio or Pisces), do it near a lake, stream or ocean. Or, try a divination ritual such as water scrying (see the Pisces New Moon ritual described below). For an earthy New Moon (Taurus, Virgo or Capricorn), bury something symbolic of the past, plant seeds in the earth symbolizing what you wish to grow, or lie on the ground outside as you state your intentions.

The following rituals offer suggestions to spark your imagination; they're adapted from my book, <u>Astro Feng Shui:</u> Making Magic in Your Home and Life.



Aries New Moon Ritual: Light Your Fire

The Aries New Moon is a time when we're motivated to make a fresh start and become more active.

You will need: A red candle, a goblet of water, a pen and paper.

Position your candle at a comfortable, safe spot. Set the goblet of water nearby. Light the candle and focus on the flame to center yourself. Take some deep breaths and

consider your immediate goals, perhaps for your career. Imagine an inner Sun in your solar plexus, with a fire burning in the center of it. On the inhale, fan that fire and drop into it any negative thoughts, emotions, or images that are standing in your way from experiencing a vibrant career or from moving forward. On the exhale, transform all that's been incinerated into light that radiates out of every pore. Continue this breathing pattern until your thoughts and feelings have been neutralized, keeping your awareness centered in your heart.

Dip your fingers into the goblet, and flick a little water onto your solar plexus area. Then, write down what you wish to achieve within the next 30 days. Keep it realistic; if you shoot too high, your subconscious mind might balk (i.e. "I now win \$100 million in the lottery.") Instead, try: "I now welcome ten new paying clients who are greatly benefited by my services." Speak the words aloud and give thanks that it is done. Fold the paper and slip it under or near the candle. Blow it out when done.



Taurus New Moon Ritual: Grow Your Wealth

Wealth is not just money—it's also well-being. But if you're in need of some green stuff in your life, try this ritual at the New Moon, and see what blessings unfold for you in the following two weeks.

You will need: a green or flowering plant, a small piece of amethyst, a hundred dollar bill.

Find a place indoors to sit with the plant beside you. Or, sit next to an outdoor plant

you feel a kinship with. Spend a few moments communing with the plant, thanking it for its green, alive energy. When you feel ready, take the bill in your hands and place the amethyst on top of it. Take a deep breath, and exhale slowly onto the crystal. Then say the following words:

Cash and crystal, on you I blow my blessings and hopes, a seed to sow.

Bring money to me—let it flow like nurturing rain, and make it grow.

Give thanks, then bury the crystal in or near the plant. Put the bill in your wallet, and carry it around for two weeks. Break it at the Full Moon, gratefully affirming your wealth.



Gemini New Moon Ritual: Embrace Your Truth

The Gemini New Moon is a powerful opportunity to clear your mind and harness your deepest truth.

You will need: A blue candle, notebook and pen.

Light the candle and thank your spiritual guides for being present. Then take your notebook and write at the top of the page: "Embracing My Truth." Ask yourself: Is

there anything I'm doing or thinking that's not in alignment with my higher truth? This may relate to your job, marriage, health habits or relations with a friend. Make notes on this for a few minutes. Be honest with yourself. If something isn't working, admit that you just can't do it anymore. You don't need to take any action at this time. Just be with the awareness. Then, give thanks to your guides for helping you with this issue and blow out the candle.

Listen to your thoughts and feelings for the next few weeks. If you are angry or frustrated, acknowledge your feelings without forcing yourself to do anything about them. Continue writing in your journal. You may be surprised at the ideas and solutions that occur to you! If you feel guided to do so, make some changes. You're apt to receive further information on your issue around the Full Moon two weeks later.



Cancer New Moon Ritual: Invoke the Ancestors

The Cancer New Moon is a time to gather family around you—both living and departed.

You will need: Pictures of one or more ancestors (not necessarily blood relations) to whom you feel a connection, a green candle, an offering of food or drink, table settings, music they loved.

You may wish to cook a special meal for your ancestors (such as Dad's favorite dish or Mom's signature dessert). Or, keep it simple by pouring his chosen brand of beer or her favorite tea. Set places at the table for yourself and them. Don't let this ritual spook you; the ancestors want to help you, and are only waiting to be asked. Feeding them is an ancient form of reverence and honor.

Turn on the music, light the green candle, and call your ancestors by name. Say, "At this New Moon, I honor you and the special place you hold in my heart. I offer you this nourishment." Now, ask them for any specific aid. You might ask Dad for strength to conquer a challenge you are facing. Or, request Mom's aid with mending relations between you and a family member.

Serve them small portions of the food or drink. Consume yours slowly, feeling love for your relations. Listen for any words of wisdom. When the meal is complete, thank them for their help. Leave the leftovers outside for animals to eat. Blow out the candle, affirming that your problem is solved.



Leo New Moon Ritual: Creating More Joy

The Leo New Moon is a great time to initiate creative solutions for reclaiming your joy and love for life. This ritual will reawaken your childlike wonder and sense of fun, lending power to your intentions.

You will need: A small bottle of sandalwood oil, five brightly colored balloons to blow up (or, you can use helium-filled balloons). Paper to write down your intentions,

rubber bands and upbeat music.

At the New Moon, sit down in a quiet place and list five qualities you want more of, each on a small piece of paper. For example, perhaps you'd like more laughter, tolerance, joy, inspiration and abundance. When you are finished writing, choose a different color balloon to represent each quality you seek. Then, blow up each balloon (unless they're already filled), imagining each quality as you blow. Tie each wish onto a balloon. Anoint it with the oil. Arrange the balloons however you like, either tied together as a festive bunch, or hanging throughout your home.

Put on your favorite, upbeat music and dance your wishes alive. Laugh, shout, jump around and really feel these qualities you named taking root in your being. Inhale the scent of the sandalwood oil. Dance until joy is suffused throughout your being. Then, give thanks for the fulfillment of your wishes. Leave the balloons up for as long as you like, but be sure to remove them when they start to go limp.



Virgo New Moon Ritual: Getting Centered

The Virgo New Moon helps you commit to a path of service or improve your health and habits.

You will need: Sage leaves or packaged sage tea, a yellow candle, lavender oil, relaxing music.

Boil water, pour it over the tea and let it steep while you do the relaxation exercise.

Light the yellow candle. Then, put on your relaxing music and position yourself comfortably in a prone position on a couch, bed or the floor. Anoint your upper lip with lavender oil so you can inhale its relaxing qualities.

Take a few deep breaths, then direct your attention to your feet. Hold your focus there while you feel your feet relax. Then move upward, doing the same for each body part: Ankles, calves, thighs, pelvis and belly, lower back, middle back, upper back and chest, back of the neck, back of the head, top of the head, forehead, eyes and behind the eyes, nose, mouth and jaw, tongue, throat and behind the throat, tops of the shoulders, upper arms, lower arms, hands. Continue breathing deeply and slowly.

When you've finished, rise slowly and take your cup of tea. Think about your New Moon intentions as you sip it. Gaze at the candle as you meditate on the improvements you wish to make. You may also write your intentions down

and place them near the candle. Repeat the focused relaxation process any time you feel stressed. Doing this for even five minutes can make a big difference in your well-being.



Libra New Moon Ritual: Feeling the Love

The Libra New Moon is an ideal time to bring more love into your life, from yourself or others.

You will need: a yard of pretty pink fabric and a yard of pink ribbon, five small pieces of rose quartz, a bottle of rose essential oil and a pink candle.

Many people long for romance, when the real problem lies within—with a lack of self-love that prevents them from attracting a loving partner. As astrologer Caroline Casey says in *Making the Gods Work for You*, "Love unites us with the community, whereas romance addiction isolates us." With this in mind, here is a ritual that will open your heart and strengthen your love for yourself and others.

Cut the pink fabric into five pieces, 5" by 5". Then, cut the ribbon into five, 5" pieces. Light the candle and anoint it with rose oil. Also anoint the stones, as you think loving thoughts. Place each stone into the center of a square of fabric, and tie it with a piece of ribbon. Blow out the candle when done.

Put one bag under your pillow, affirming love for yourself. Give the others to people you love, telling them how you feel. Include your mate, if you have one. Give thanks to Venus, the Goddess of love, for sending you love. You may feel inspired to do things for your community or friends in the near future.



Scorpio New Moon Ritual: Make a Sacrifice

The Scorpio New Moon is a time to let go of old problems or attachments and welcome a rebirth.

You will need: A shovel or spade and a place to dig. An item that symbolizes what you're releasing, a piece of paper on which you have written your intentions, and matches. Do this ritual at night.

Scorpio demands a sacrifice before bestowing its blessings. Therefore you will be letting go of something or someone to which you are attached—or even addicted. This could be a lover who isn't good for you, a food or drink you can't live without, or a limiting attitude about money. Decide what to sacrifice, and imagine how you'll feel once you're free of it. Write down what you're releasing, and what blessings you'd like to trade for your freedom (Scorpio loves to barter). Take the item that represents what you're releasing (a bag of potato chips, a picture of your former flame). Dig a hole and sit next to it, with your item and paper in hand. Pour your feelings down the hole. Shedding tears can be helpful. Now read what's on your paper, set it on fire and throw it in the hole. Say goodbye to your symbolic item, add it to the grave, then fill in the hole. Give thanks to Mother Earth for composting your offering. And, thank the Scorpio New Moon for giving you strength to let go of the past and embrace a fresh start.



Sagittarius New Moon Ritual: Seeing the Big Picture

Treasure-mapping is a perfect activity for a Sagittarius New Moon, which is about looking at the big picture of your life. This is a terrific time to envision your goals for the New Year. Even if you're not sure what you want next in your life, working with images can reveal your subconscious desires.

You will need: magazines, a poster board of any size, glue stick, scissors, glitter glue or other decorations. If you're going to frame your creation, choose the appropriate-sized frame and board.

A treasure map magnetizes new possibilities into being. You can make one for something specific—such as a new home, relationship or job—or simply for something you want more of, such as peace, love or health. Once you've decided, peruse magazines for images and words. Allow your unconscious mind to participate. Even if an image doesn't seem to relate to your theme, yet it speaks to you strongly, tear it out. Choose more images than you may include. Once you have a pile of images and words, begin arranging them on the board in ways that feel intuitively right. Then, paste them down with glue stick.

When you're complete, you can outline images with glitter glue or felt tip pens. Then, post your creation someplace you'll look at it daily, like the refrigerator or over your desk. Your subconscious mind will attract what you've pictured; be patient, though, as the process can take time.



Capricorn New Moon Ritual: Raise the Bar

The Capricorn New Moon initiates a new cycle for your work, reputation and higher calling.

You will need: Access to a computer or a pen and paper, and a red or brick-colored candle.

Not everyone is comfortable being seen. Being recognized for your accomplishments,

talents or opinions can bring up insecurities even in the most confident people. This New Moon is the time to put yourself out there and conquer any fears. Start on a small scale, by doing at least one of the following:

- Write a letter to the editor of your local paper about an issue that matters to you.
- Do a blog or Facebook post, "bragging" about something you recently did or achieved.
- Approach an authority figure about hiring you, or buying, publicizing or representing your work.

At the New Moon, light the candle and take your courageous step, envisioning the results you'd like to see. Follow through on anything else you're guided to do, and thank Spirit for having your back. Watch for tangible results around the Full Moon two weeks later.



Aquarius New Moon Ritual: Calling the Angels

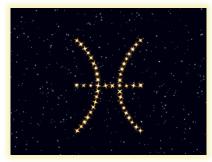
At the Aquarius New Moon, we ask for help in making our dreams come true, especially if they involve others. Purify yourself before the ritual by bathing in scented salts or oil.

You will need: a white or silver pillar candle, a silver box, an angel figure or picture, a paper on which you've written your needs, and heavenly music that

inspires your soul.

Put on the music and light the candle. Ask the angelic realm to be present at your ritual. You can call on particular guides like Archangel Michael or Gabriel, or an ancestor who serves as your guardian angel. Gaze at your angelic image as you tune in to that realm. Then, read what you've written, affirming the specific aid you require. This may be something like, "Thank you for sending me the perfect person to redo my website," or "Thank you for letting my new landlord allow me to move in at the end of the month." You can also ask for help for others and blessings on cooperative ventures.

When you're complete, put the paper into the silver box, and blow out the candle. Thank the angels for the fulfillment of your wishes. Once each wish has been fulfilled, remove it from the box. You can use this "Helpful People" box anytime you need specific help from others, whether known or unknown.



Pisces New Moon Ritual: Connect With Your Higher Self

This ritual will help you boost your spiritual, mental and physical health, as well as your intuition.

You will need: A dark glass or ceramic bowl, water from a spring, lake or other natural source, a fresh-cut twig, blue candle, nature-themed music and your favorite incense.

Water gazing or scrying is an ancient divination technique for getting messages from your Higher Self. This ritual should be done at night. We'll be scrying indoors using water from a natural source - rainwater or water from a lake or spring. At the New Moon, light your candle and find a comfortable spot to scry for a half hour or so. Light your favorite incense, and put on meditative music. Place the candle near your scrying bowl to illuminate your task. Any other lights should be low.

Formulate a question about something that's been troubling you. This may concern your health or relationships. Take a few deep breaths to center yourself, then stir the water with your twig. Once it becomes smooth again, stare at the water's surface. Soft-focusing your eyes may help you "see." Hold your question in mind until you see an image or a shape that speaks to you, or receive a strong hunch. Let your intuition interpret this message. When you're complete, blow out the candle and give thanks for the inspiration you've received, however mysterious. Watch your dreams for further revelations.

In Conclusion

ONCE YOU START DOING RITUALS ON A REGULAR BASIS, you'll be amazed at how much more connected you feel. Remember to keep them simple and fun. Aligning with the Divine should be something you look forward to, rather than simply another chore to perform. Also, be open to the form in which your manifestation may appear. The Universe often

has its own ideas of how and when to bless us. If you invoked for a raise and instead got an offer for debt reduction, give thanks! If you asked for a mate and the Universe sent you a new pet, be grateful. Such developments always lead us in the right direction; even seemingly negative events can clear the way for our good fortune to appear. Enjoy your renewed connection to nature, and you'll continue to be richly blessed (like I am with Max, my darling kitty!).

For more rituals, magic and Moon lore, including Full Moon rituals, see my book *Moon Power: Lunar Rituals for Connecting with your Inner Goddess*. And, visit me at www.astroalchemy.com to sign up for my blogs and see how I might help you improve your life through utilizing astrology and feng shui!

